



Common Sense 理性複方精油

成份：乳香、依蘭依蘭、奧寇梯木、黃花 (Golden Rod)、
芸香(Ruta)、山香(Dorado Azul)及青檸等



- 提升思考能力
- 有助作出合理和有常理的選擇
- 提升果斷理性的決策能力
- 幫助整理思維
- 提升表達能力

使用方法：

擴香：早上或在工作時擴香

塗抹：直接塗抹在頸後髮線位置/
太陽穴，然後蓋着鼻子深呼吸。

辛辣程度：💧





Common Sense

Ingredients : Frankincense, Ylang ylang, Ocotea, Goldenrod, Ruta, Dorado azul, Lime

- Supports calm, focus and flow
- Facilitates making rational and sensible choices
- Enhance rational decision-making abilities
- Help keep a clear and steady mind
- Improves expressive ability

Directions :

Aromatic : Diffuse in the morning or at work

Topical : Apply to the back of neck/temple, then cover the nose and take a deep breath.

Spice Level : 

